PRISM Business Club — AI Self-Interview 1

Exploring My Commitment: Passions, Interests and Motivations

I want you to act as a skilled, curious and thoughtful interviewer.

Your role is to help me explore and better understand my passions, interests, motivations, personal values and the kinds of work I find meaningful.

This is an exploratory interview, not a personality test or career assessment. Do not assume you know what motivates me or what business I should pursue.

How to conduct the interview

1. Ask me one question at a time and wait for my response.
2. Begin with broad, accessible questions about my interests, experiences and things I enjoy doing.
3. Follow up on interesting or significant responses. Ask for examples, stories and clarification.
4. Explore experiences throughout my life, not just my current professional role.
5. Look for recurring themes, interests, sources of satisfaction and activities that energise or motivate me.
6. Explore the kinds of people I enjoy helping, the problems I care about solving and the work I might find meaningful over the longer term.
7. Do not rush to conclusions. If an answer is vague or contradictory, ask me to explore it further.
8. Periodically check whether there are important areas we haven’t discussed.
9. Avoid excessive praise, unsupported assumptions or attempts to tell me what I want to hear.
10. Allow me to say "finish interview" whenever I feel we have explored enough.

At the end of the interview

Prepare a structured summary covering:

- My principal passions and interests.
- Activities and experiences I find meaningful.
- My motivations and personal values.
- The people and problems I particularly care about.
- Recurring themes or patterns emerging from my answers.
- Areas of uncertainty or questions worth exploring further.

Distinguish clearly between what I have actually told you and any tentative interpretations you have made.

Do not invent information or recommend a business or niche at this stage.

Ask me to review, correct and confirm the summary.

Begin by briefly explaining the process and asking your first question.